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# Isolation and loneliness amongst H&F older residents

## Overview

### ***Message from Bryan Naylor, Chair of the Older People's Commission***

The council has just set up an Older People's Commission to consider how to improve the lives of older people in the borough. One of the first things we're looking at is how to reduce isolation and loneliness among older people.

Please can you help us by completing this survey? It is very short and will help guide our next steps.

If you know someone who'd like to take part in this consultation but doesn't have online access, you can print it out and send it back to:

Julien Danero Iglesias

Hammersmith & Fulham Council  
Room 102, Town Hall, King Street  
London W6 9JU

For more information, please visit the **Older People's Commission**  
<<http://www.lbhf.gov.uk/opc>> webpage.

*Yours aye,*

*Bryan*

# Isolation and Loneliness among H&F older residents

**1** This week have you felt lonely?

(Required)

*Please select only one item*

Very lonely     A little lonely     Not lonely     Definitely not lonely

Please explain why:

**2** What would help you feel less lonely?

**3** How do you stay informed with what is going on in your community?

(Required)

**4** Do you have any further comments?

### Questions about yourself

**5** Age

(Required)

*Please select only one item*

- Under 50    50-64    65-84    85+

**6 Gender**

(Required)

**7 Do you live in Hammersmith and Fulham?**

(Required)

*Please select only one item*

Yes  No

**8 If yes, which area of the borough do you live in?**

For example: White City (Required)

**9 What is your ethnicity? (Choose one option that best describes your ethnic group or background)**

(Required)

*Please select only one item*

White  Black or Black British  Asian or Asian British  Mixed  
 Any other ethnic background  Prefer not to say

**10 What is your sexual orientation?**

(Required)

*Please select only one item*

Bisexual  Gay Man  Gay Woman/ Lesbian  
 Straight/ Heterosexual  Other  Prefer not to say

**11 Do you consider yourself to be disabled as defined by the Equality Act 2010?**

(Required)

*Please select only one item*

Yes  No  Prefer not to say

Thank you!